



THE EASTERN REGION NARRATOR

FALL 2025



Achieving
Excellence with
Intentional Purpose



WWW.IOTAEASTERNREGION.ORG



24th National President: Charlotte D. Berry
Eastern Regional Director: Dr. Audrey Douglas-Cooke

September 15, 2025

Remarks for the 2025–2026 Sorority Year Greetings Sorors,

As we stand at the threshold of a new Sorority Year, I am filled with gratitude and reverence for the journey we have traveled together. The path behind us is marked by tireless effort, unwavering commitment, and the collective brilliance of every chapter across our region. I extend my deepest thanks to each of you for your labor, your love, and your loyalty. The successes we have realized are not the work of one, but the triumph of many. Together, we are the embodiment of unity in motion.

A Nation in Transition

So far, 2025 has tested the spirit of our nation. The rise in gun violence echoes through our communities, leaving behind grief and urgency. The debates that stir even in the hallways of our primary and secondary schools remind us that education is not merely a system, it is a battleground for values, for truth, and for peace. These realities demand that we, as Sorors, remain vigilant in our mission to teach, to engage, and to lead with grace and purpose.

Growth with Purpose

In the face of such turbulence, we have not faltered. The Eastern Region has grown, not just in numbers, but in strength, in clarity, and in resolve. But growth alone is not our goal. **Retention, reclamation, and resilience reign supreme.**

- Let us continue to keep our retention rates above 98%.
 - Let our reclamation efforts reflect intentional outreach and healing.
 - Let us be resilient, not merely surviving change but transforming through it.
- Let us ignore the noise of division and rise with the quiet power of character, compassion, and conviction.

Embracing Change & Innovation

Change surrounds us. It is no longer a distant concept—it is our daily companion. Cybersecurity and artificial intelligence are not just technological trends; they are the new frontier of service, strategy, and stewardship. These tools offer us windows into the impossible, but they also demand discernment. Let us be wise in our embrace of innovation, always respectful of time, place, and purpose.

Unity in Action We are the efficient Eastern Region. Efficiency is not haste—it is harmony. It

is the ability to

move with precision, to listen with intention, and to act with integrity. Let us protect one another through support, engagement, and the sheer simplicity of effective listening. Let us be undeterred by what might be and inspired by what is to come. The future awaits our vision. It longs for our creativity. It is ready for us to elevate, to conquer, and to achieve the unthinkable.

A Call to Hope

“Let us not be defined by the storms we endure, but by the bridges we build together, with vision, with faith, and with unstoppable resolve”.....Audrey Douglas-Cooke

Let us be brave in our leadership. Let us be bold in our unity. Let us be brilliant in our service. The future is not something we enter; it is something we create.

*With unwavering hope and strategic grace,
Your ERD,
Soror Dr. Audrey Douglas-Cooke*



FOUNDER'S DAY

SORORS ACROSS THE REGION CELEBRATED THE AMAZING WORK OF OUR FOUNDER LOLA M. PARKER



NATIONAL CONVENTION

GAMMA CHAPTER HOSTS A FABULOUS 96TH
ANNIVERSARY NATIONAL CONVENTION



It's All in the Details

This past July, the ladies of Gamma Chapter hosted our beloved organization in Arlington, VA for a National Convention that will be remembered for years to come! From the All-White Pearl Affair to the Leadership Institute, by National President Elect Wendy B. Jacques, sorors walked away from the week feeling refreshed, revitalized, and ready to work.



NEWLY INSTALLED OFFICERS

CONGRATULATIONS TO OUR RECENTLY ELECTED NATIONAL OFFICERS



Efficient Turtles Go National

We are proud to recognize two sorors from Gamma Chapter who have been elected to serve on the National Board. Congratulations to Soror Nicole George our new National Treasurer and Soror Vonetta B. Martin, our new National Financial Secretary.

WELCOME TO OUR INCOMING EASTERN REGION EXECUTIVE COMMITTEE



Eastern Regional Director - Dr. Audrey Douglas-Cooke, Alpha Chi

Assistant Regional Director - Shenelle Jones-Cardwell, Gamma Zeta

Recording Secretary - Charleen Walters, Gamma Delta

Treasurer - Lakeshia Hurling, Gamma

Financial Secretary - Cynthia Cheatham, Alpha Chi

Journalist - Ivy Nelson, Omicron

Eastern Region Parliamentarian - Betty Wilson-Jones, Kappa

Executive Advisor of Undergraduate Initiatives - Tangila N. Brogden, Gamma

“MY MISSION IN LIFE IS NOT MERELY TO SURVIVE, BUT TO THRIVE; AND TO DO SO WITH SOME PASSION, SOME COMPASSION, SOME HUMOR, AND SOME STYLE.” — MAYA ANGELOU

FALL RETREATS AND PLANNING MEETINGS

A Plan for Success

Sorors from Omicron, Zeta Mu, Zeta Rho, Zeta Chi, Eta Zeta, and many others have, kicked off the year with their annual fall retreats and planning meetings. As per usual, we know our chapters will be going above and beyond to deliver high-quality programming.



BACK TO SCHOOL DRIVES

WE'VE GOT SPIRIT, YES WE DO! WE'VE GOT SPIRIT, HOW ABOUT YOU?

It's Our Favorite Time of Year

We all know that children are our future. That's why sorors of the Eastern Region took time this fall to pour back into their local schools by organizing school supply drives and participating in back-to-school fairs.



CHARTER CHECK

WELCOME ETA ZETA

Chartered June 7, 2025 - Chantilly, VA

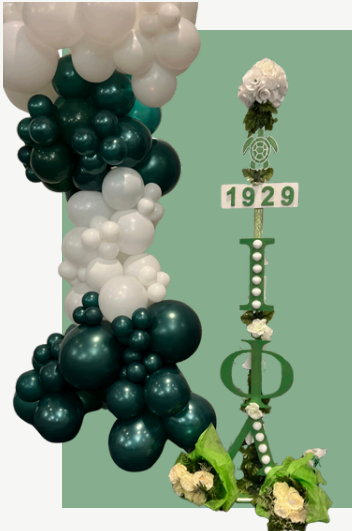


Straight to Work

The new sorors of Eta Zeta wasted no time putting on their pearls and heading to our National Convention just two months after they were inducted. We are so inspired by their drive and work ethic!

WELCOME BACK BETA OMICRON

Reactivated August 9, 2025 - Philadelphia, PA



We're Back and We're Better

Just a couple of states over, we were ecstatic to reactivate Beta Omicron in the City of Brotherly Love. Welcome to the Resurgent 6, who have already shown great levels of sisterhood and loyalty.




COMMUNITY SERVICE

OUR WASHINGTON D.C. CHAPTERS ARE
TAKING OVER THEIR LOCAL AREAS


Undergrad On Go

The Eastern Region's undergrad chapter, Delta Phi has been busy! They started off the sorority year with a baby care drive at National Convention and most recently participated in Howard University's Annual Sickle Cell Awareness Walk. In their service, these young sorors remind us that there is always good work to be done.





Iota Phi Lambda Sorority Inc. - Gamma Chapter
In partnership with The Greater DC Diaper Bank



We are collecting Diapers, Wipes and more!

DIAPER DRIVE

Make a Financial Contribution via

Zelle


payments@iota-gammadc-eef.org

Please include DC Diaper Bank in the note

Donations will be accepted until 9/20/25

Or Donate Items through our Amazon Wish list





GREATER DC DIAPER BANK

IMAP in Full Effect

The members of Gamma Chapter are bringing the work of Iota Mothers Assistance Program to life with their Diaper Drive in partnership with The Greater DC Diaper Bank. During the month of September they have been collecting donations and baby essentials like diapers, wipes, creams, and much more to be distributed to families in need.

EVENTS

EASTERN REGION CHAPTERS CONTINUE TO DELIVER TOP OF THE LINE PROGRAMMING AND EXPERIENCES



Catch Up With Kappa

Kappa Chapter has been heavily involved with their local youth. This year they have held mock interviews with high school seniors and hosted a Family Cultural Day with their Future Iota Leaders.

A Little R&R

Omicron hosted The Soft Space, a phone free yoga experience where attendees got to disconnect from the outside world and reconnect with what brings them peace. The event was held at an up and coming Black-owned yoga studio in Brooklyn, Noir Yoga.



Setting the Standard

In the spirit of supporting entrepreneurs, Epsilon Eta attended the ribbon cutting of Ms. Kelli's Beauty Supply Store. This beauty supply serves as an expansion of the owner's successful cosmetology school in Gloucester, VA where she hopes to continue providing for the community with her services.



TABLING

Back in the Field

The Delta Phi Chapter tabled in the annual Howard University School of Business Org Fair. Sorors networked with new and returning students, strengthened their relationship with other student orgs, and most importantly established their presence for the upcoming school year.



Branching Out

Kappa Chapter spent the afternoon at Coppin State University's Clubs and Orgs Day Cookout. Sorors loved spending time in the sun and getting to know the young professionals in their community.



SISTERLY RELATIONS

ROOTED IN FRIENDSHIP & LOVE



It's Good to Be Back

Eastern Regional Director, Soror Dr. Audrey Douglas-Cooke, Past ERD Shirley Dean-Johnson, and other sorors gathered for lunch ahead of going to the reactivation of Beta Omicron.



A Trip to the Spa

Gamma Delta organized a soothing spa day for the women at Caritas Shelter. Attendees enjoyed relaxing treatments, refreshments, and prayer, leaving them feeling pampered and renewed.



It's Time to Celebrate

What's better than a birthday? Your chapter's Charter Day of course! Pictured here is Zeta Mu out to dinner enjoying their 4th Charter Day.

EASTERN REGION ANNOUNCEMENTS



Eastern Region Double Good Fundraiser

October 16th - October 20th | 5:00 PM

Detailed instructions will be sent to Chapter Presidents via email.

Every chapter must participate in order to be eligible for Ana J. Steen scholarship submissions.



89th Eastern Regional Conference Dates & Registration

May 14-17, 2026 | Upper Marlbor, MD

Early Turtle:
1/19/26 - 2/16/26

Regular Turtle:
2/17/26 - 3/24/26

Late Turtle:
3/25/26 - 4/13/26



Eastern Region Chapter Officer Chat & Grows

Presidents - 2nd Tuesday
Vice Presidents - 1st Thursday
Recording and Corresponding Secretary - 1st Tuesday
Treasurer and Financial Secretary - 2nd Tuesday
Journalist - 3rd Monday
Dean of Intake - 4th Tuesday
Chaplin - TBA

**Meetings occur every month on
their given day at 7:00 PM ET**

THANK YOU

EASTERN REGION EDITORIAL TEAM



Ivy Nelson
Eastern Regional Journalist

Chapter Journalist

Marva Perrin-Beta
Angela N. Homer - Gamma
Desiree Israel - Kappa
Ivy Nelson- Omicron
Latrice Hunter - Alpha Chi
Carrie Harper - Beta Omicron
Jakita Miller - Gamma Delta
Diana Davis - Gamma Zeta
Aniyah Smith - Delta Phi
Elma V. Brathwaite Curtis - Epsilon Zeta
Cathy Radford - Epsilon Eta
Sydney Williams - Zeta Mu
Marcy Thornhill - Zeta Rho
Dominique Lee - Zeta Chi
Shantavia D. Inabinet - Zeta Psi
Alexis Johnson -Eta Zeta

WWW.IOTAEASTERNREGION.ORG



@IOTAEASTERNREGION



IOTAPHILAMBDAEASTERNREGION